



ABOUT ASHANA

"With a voice that sounds like it was touched by an angel ... Ashana is an artist like no other. Her music reaches you on an emotional level, welling up feelings of gratitude, longing and peace." – Music Design

Weaving together soaring, angelic vocals and the celestial sound of crystal singing bowls, Ashana's music is an exquisitely crafted, luminous sonic tapestry that soothes and opens the heart, enfolding the listener in a transcendent experience of the Divine. This stunningly beautiful alchemy has been hailed by listeners all over the world as "breathtaking" and "a Gift from Heaven."

Ashana's CD recordings, *"All Is Forgiven," "Jewels of Silence,"* and the newly released *"Beloved"*, have received international acclaim for their sensitivity, depth and beauty. Co-written and produced by renowned world music artist Thomas Barquee (Snatam Kaur, Seal), Ashana offers sensitive and profoundly healing renderings of sacred song, chant and mantra inspired by the world's traditions. Her intuitive vocal improvisations and crystal bowl playing are featured extensively in the documentary film *"The Sound You Feel: Vibrations of Healing,"* released by Beyond Words. Ashana's live performances have been called "powerful" and "deeply transformative" and she travels across the US, Canada and abroad, offering concerts and sound healing workshops

Classically trained, Ashana graduated with a degree in vocal studies from the Mannes College of Music in New York City, and for years performed as soloist and ensemble member in New York's early music scene. Moving from ancient to contemporary, she immersed herself in theater, jazz, pop and children's music as performer, recording artist, songwriter and teacher.

For the last decade, she has been involved in a deeply personal exploration of sound healing and vocal toning, during which period she discovered and began playing quartz crystal singing bowls, instruments that are often used in contemplative practices to support healing, balance and well-being.

“For me, singing is a life path, a spiritual journey that has led to the very core of my being,” says Ashana. “Music can transport us, lift us to the place where we gently let go and open completely to receive and remember the divine heart that lives within each one of us, that truly lives in all beings. I have seen, felt and been utterly transformed by the power of sound and music to heal; it is a gift to us from the Source of Love – it is total, pure Grace.”

To listen to and learn more about Ashana’s music and the crystal singing bowls, visit www.AshanaMusic.com or join her online communities at www.myspace.com/musicofashana and Ashana’s Fan Page on Facebook, www.facebook.com.