



FACT SHEET: JEWELS OF SILENCE

Artist:	Ashana	
Musical Style:	New Age Vocals; Meditation Music; Ambient Music for Healing & Relaxation;	
Hometown:	Santa Fe, New Mexico (USA)	
CD:	"Jewels of Silence"	
Producer:	Thomas Barquee ("Missa", "Temple," "Sound of Om")	
Instrumentation:	Ashana:	Vocals, Crystal Singing Bowls
	Thomas Barquee:	Keyboards, Vocals
	Sandip Chaterjee:	Santoor
	Shakti Nag:	Bansuri
	Anjan Basu:	Esraj
	Aloke Dasgupta:	Sitar
Website:	www.ashanamusic.com www.myspace.com/musicofashana www.facebook.com	
Description:	Meditation music unlike any you have ever heard, "Jewels of Silence" quiets the mind and gently carries you into a state of deep rest and relaxation ... to the very center of stillness within your being. Divinely inspired, transcendent music for healing, meditation, and deep relaxation, "Jewels of Silence" is an incomparably beautiful recording of great depth and	

" After the exquisite beauty of "All is Forgiven," Ashana's debut recording, be prepared to be carried away to the some of the most divine spaces you can imagine. It is the sound of the heart calling the heart."

-- Lloyd Barde, Aura Magazine/Backroads Music

exquisite sensitivity. Perfect music for the journey within ... for prayer, yoga, reiki, bodywork and rest, "Jewels of Silence" features Ashana's angelic vocal improvisations, crystal bowl playing and the vocal and keyboard artistry of Thomas Barquee, accompanied by bansoori flute, esraj and santoor.

With each successive track, the listener floats into deeper and deeper states of profound relaxation. The exquisite music, accompanied by the constant droning of the crystal bowls, shifts brainwave patterns almost immediately into alpha, theta or delta states, quieting the mind and supporting meditation, rest and dreaming. Experience the healing sounds of this divine music ...

- to deepen your prayer and meditation practices
- as an accompaniment to yoga, massage, bodywork and alternative healing modalities
- to relieve insomnia and sleep disorders
- to relieve anxiety, fear, stress, worry and depression
- during pre- and post-surgical experiences
- to heighten creativity and inspiration

Contact: Angelic Tones
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US Distribution: Scheduled Release Date – March 2009
- Spirit Voyage Music

Int'l Distribution: -Spirit Voyage Music worldwide
-Afternoon Music (Canada)
- Kosmic Music (international digital)

Available on Amazon and CD Baby

Press: See Presskit for sample of Endorsements and Reviews of Ashana's music

