

ABOUT ASHANA

*"With a voice that sounds like it was touched by an angel ... Ashana is an artist like no other. Her music reaches you on an emotional level, welling up feelings of gratitude, longing and peace."
– Music Design*

Weaving together soaring, angelic vocals and the celestial sound of crystal singing bowls, Ashana is one of the premiere healing music artists and New Age vocalists of our time. In fact, Ashana's original sound is the forefront of an entirely new genre of healing music. This exquisitely crafted, luminous sonic tapestry soothes and opens the heart, enfolding the listener in a transcendent experience of the Divine and a direct experience of the Soul. This stunningly beautiful alchemy has been hailed by listeners all over the world as *"breathtaking"* and *"a Gift from Heaven."*



Evolving from deep self-exploration, her style is truly eclectic. From her haunting rendition of the Lords Prayer in the original Aramaic, to a Sufi chant, Latin verse, Gaelic song and Eastern mantra, Ashana blends Western and ethnic instruments with the unique drone of the crystal singing bowls to create the ultimate transcendent music for healing, relaxation and meditation.

A renowned Crystal Bowl Master, Ashana's live performances have been called "powerful" and "deeply transformative" and she travels across the US, Canada and abroad offering concerts, crystalline activations and sound healing workshops. With her producer, Thomas Barquee (*Snatam Kaur, Seal*), Ashana has received international acclaim for her CD recordings *All Is Forgiven, Jewels of Silence, Beloved* and the newly released, *The Infinite Heart*. Her intuitive and unique vocal improvisations and crystal bowl playing are featured extensively in the documentary film *"The Sound You Feel: Vibrations of Healing,"* released by Beyond Words.

Ashana is passionate about nurturing the creative process to bring through just the right words, sound, melody, feeling and expression. Her musical calling came at an early age as a young girl growing up in the Bronx, in New York City. She

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began singing in churches and as time went on, synagogues, temples, sweat lodges and gurdwaras. Classically trained, she spent many years exploring a wide variety of musical genres including jazz, pop, gospel, musical theater as well as composing and teaching children's music. From ancient to contemporary she immersed herself, graduating with a degree in vocal studies from the Mannes College of Music in New York City. She discovered yoga, chanting and mantra in the early 80's and is a devoted student of Kundalini yoga, meditation and teachings from The Course in Miracles. For the last fifteen years, she has been on a deeply personal journey, studying and exploring sound healing and the voice. During this period she began working with quartz crystal singing bowls, instruments that are often used in contemplative practices to support healing, balance and well-being. Bringing these extraordinary sounds into her music and the lives of others is, Ashana reflects, "my destiny."

"Music is a blessing, a prayer, and a healing when it comes deeply from the heart" says Ashana. "Music can transport us, lift us to the place where we gently let go and open to receive, reflect and remember the Love we truly Are. And as we begin to rest in this Love, our world is transformed. We see beauty in everything. And Heaven becomes fully present in every moment, right here on Earth."



Performer, recording artist, sound healer, songwriter and teacher, Ashana tours the world with her concerts, workshops and crystalline activation ceremonies. Newly married, she currently divides her time between Santa Fe, NM and Mt. Shasta, CA with her husband, James. And, of course, her magnificent family of crystal singing bowls.

"The miraculous quality of Ashana's voice, its power to soothe and heal as it soars up octaves and holds notes until they blend with chimes into infinity... comes to us like a message from beyond, bearing white radiance and creating the healing space with which we can remember true destinies and connect with the eternal grace of the present moment."
- Daily Om

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